

Newborn checklist

for first time mom

Nursery

- Crib
- Bassinet
- Mattress
- Bassinet fitted sheets x2
- mattress protector
- Diaper changing mat
- fitted sheets x2
- Dresser/ changing table
- Blackout blinds or curtains
- Laundry basket
- Diaper bin or bags
- Rocker or nursing chair

Sleeping

- Sleepsacks in different togs
- 2-3 swaddles
- Nest mattress (dock-a-tot)
- Selection of pacifiers and clip
- 3-5 Blankets
- White noise machine with light

Travel

- Stroller
- Portable fan
- Car seat
- Diaper bag
- Car seat base
- Window sunshade
- Mirror
- Changing mat

Bathing & Changing

- Diapers
- Towels x2
- Water wipes
- Hair brush
- Diaper bin refills
- Bodywash & body lotion
- Bath
- Portable diaper caddy
- Washcloths x4
- Water thermometer

Clothing

- 7-10 bodysuits
- 8-12 Onesie pj's
- 2-3 newborn outfits
- 2-3 hats
- 5-7 socks
- 1-2 mittens (most onesies come with foldover mittens)
- 7-10 muslins
- Outdoor fleece or pram suit
- 10-12 bibs or burp cloths

Health & Safety

- Nasal aspirator
- Bum cream
- Baby laundry detergent
- Thermometer
- Nail file or clippers
- Medication

Feeding

- Formula
- Bottles + nipples
- Bottle brush
- Steriliser
- Drying rack
- Bottle warmer

Nursing

- Nipple balm
- Nipple pads
- Pump (if pumping)
- Milk storage bags
- Haakaa
- Nursing pillow

Extra's & things you don't need immediately

- Travel cot - If you plan on travelling or can also be used as a bassinet (only certain travel cots come with bassinet option)
- Toys, books & teethingers
- High chair
- PeePee teepee - for all the boy mama's
- Room thermometer
- Baby swing or bouncer
- Activity floor mat
- Baby monitor - mostly for when baby moves to nursery
- Sling or carrier